Forma 5

TECHNICAL FEATURES



07/2018

SWIVEL CHAIR | LOW BACKREST

For anti-electrostatic solutions, please ask us the conditions.



Casters

Hard or soft double wheel casters 65 mm (diameter according to base)

DIMENSIONS

Height	90 - 100 cm
Seat height	41 - 51 cm
Width (without arms / with arms)	51/64 cm
Depth	54 cm
Weight (without arms / with arms)	19,96 / 21,24 kg
Fabric meters	0,8 m

* These minimum and maximum dimensions depend on the chosen configuration. Please ask for concrete values in case you need them.



SWIVEL CHAIR | HIGH BACKREST

For anti-electrostatic solutions, please ask us the conditions.



Hard or soft double wheel casters 65 mm (diameter according to base)

Height	101 - 111 cm
Seat height	41 - 51 cm
Width (without arms / with arms)	51/64 cm
Depth	54 cm
Weight (without arms / with arms)	22,23 / 23,51 kg
Fabric meters	0,9 m

* These minimum and maximum dimensions depend on the cho-sen configuration. Please ask for concrete values in case you need them.



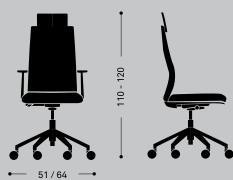
SWIVEL CHAIR | HIGH BACKREST



DIMENSIONS

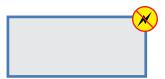
Height	110 - 120 cm
Seat height	41 - 51 cm
Width (without arms / with arms)	51/64 cm
Depth	54 cm
Weight (without arms / with arms)	22,34 / 23,62 kg
Fabric meters	1,1 m

* These minimum and maximum dimensions depend on the chosen configuration. Please ask for concrete values in case you need them.



Dimensions in centimeters

5

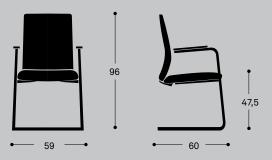




Glides Glides for floor support Without glides (for carpet)

DIMENSIONS

Height	96 cm
Seat height	48 cm
Width (without arms / with arms)	-/60 cm
Depth	60 cm
Weight (without arms / with arms)	1 5,82 kg
Fabric meters	0,9 m



BACKREST AND SEAT

BACKREST: rectangular shape with rounded edges. 3 mm thick inner polypropylene shell. 40 mm thick injected polyurethane foam and 70 kg/m³ density. 5 mm thick polypropylene outer back shell, which covers completely the backrest. The outer side of this shell is textured. The backrest includes adjustable lumbar support. Optional black integral polyurethane headrest for highbackrest chairs.

SEAT: 3 mm thick polypropylene inner tray. 50 mm thick overinjected polyurethane foam and 65 kg/m³ density, upholstered over

the outer side. 5 mm thick outer injected polypropylene shell, textured over the outer side.



MECHANISM [swivel chairs]

SLIDING SEAT: Optional seat depth adjustment for all swivel chairs.



SYNCHRO MOTION: 24° backrest leaning and 10° on the seat. Backrest leaning and seat rotation according to a 2,4:1 fixed ratio. Backrest tension or hardness adjustment. Easy adjustment with only two turns. The resistance of the knob is constant, regardless of reduce or increase the tension. Infinite tension positions of the backrest for an optimal adjustment to users between 45 and 120 kg. Forward rotation axis that prevents for pressure on the user's legs. 4 blocking positions of the backrest with anti-return protection. Discrete aesthetic that favors the chair.

ARMS

The chair may be ordered without arms optionally. They have ergonomic qualities for a better rest of the arms. 5 options are offered:

Fixed: Fixed: "T" shape polypropylene fixed arms. Black or white.

1D adjustable: with polypropylene structure and polyurethane armpads. Easy adjustment of height. Dimensions: 250 x 90 mm.

3D adjustable polyamide arm support: with polyamide structure reinforced with fiberglass and soft-touch polyurethane armrest. Easy adjustment of height, depth and turn.

3D adjustable aluminium arm support: with injected aluminium structure and polyurethane armpads. Easy adjustment of height, depth and turn.

4D adjustable: with injected aluminium structure and polypropylene armrests. Easy adjustment: height, depth, width and rotation. 235 x 105 mm.







3D adjustable polyamide arm support



4D adjustable arm



1D adjustable arm



3D adjustable aluminium arm support

BASE

POLYAMIDE, POLISHED ALUMINIUM OR WHITE ALUMINIUM STAR: 69 cm diameter. 5 trapezoidal branches with rounded corners.







Polished aluminium star 69 base

White painted aluminium star 69 base

FLOOR SUPPORT

2 floor support options:





galet sol dur 65 mm

STRUCTURE [visitor chair]

Visitor chairs may have 2 different structures:

CANTILEVER STRUCTURE: 22 x 1.5 mm diameter tube for heavy loads. Arms like the 4-legged chairs.



Visitor chair structure

HEADREST [swivel chairs]

Optionally, the high backrest may have cervical rest, with anatomic shape in integral polyurethane with thin black textured finish.



Optional headrest

UPHOLSTERY

Seat available for all the fabrics range of Forma 5, including a wide range of fabrics (yarn, fireproof fabrics) and leathers. Backrest available with mesh or all the range of Forma 5 fabrics. Consult fabrics brochure and Forma 5 Pricelist. The Group 1, 2, 3 and 5 fabrics of Forma 5 are supplied by the manufacturer company Camira. Although our fabrics brochure includes a selection of the Camira fabrics, if the customer requires another specific, Forma 5 will upholster any of its fabrics in any fabric from Camira catalog.

PACKING

As standard, the chair goes assembled and protected with a plastic packing. For further packaging options, please ask us.

ERGONOMICS

TAKING CARE OF OUR BODY DOES NOT ONLY DEPEND ON GOOD NUTRITIONAL HABITS AND SPORT. THERE ARE OTHER FACTORS THAT CAN INFLUENCE HEALTH, LIKE A CORRECT POSITION AT THE WORKSTATION. FOR THIS REASON, TO KEEP THE BODY IN A GOOD SHAPE AND FREE OF PHYSICAL DISORDERS IS NECESSARY TO HAVE GOOD FURNITURE AND USE IT CORRECTLY.



CHAIR WITH HEIGHT ADJUSTMENT

Chairs should have an option to lift or lower the seat's height, through a mechanical or a pneumatic system. The position will be the correct one, when the feet rest firmly on the floor and the thighs remain in a horizontal position.

The mechanism should be easily accessible from a seating position.



LUMBAR ADJUSTMENT

Many chairs are designed with an adjustable back support. It is very suitable that this backrest may regulate the movements to the front and to the back, allowing to free or block the mechanism as desired. Many chairs also include a mechanism to adjust the chair curve to that of the back, providing a better comfort to the user.



SEAT CONSISTENCY

We spend a long time on the seat, so this one

should provide firmness and adapt to the user's

features. Both the high density foam and the

injected foam are very resistant, durable and





SEAT AND BACKREST LEANING

The chair should include a mechanism to control the seat leaning movement and keep a well-balanced position at work. The synchro system is the most extended one, but there are other versions which are more advanced, like the Motion synchro. This last one is a Forma 5 exclusive and it includes forward rotation axis that prevents for pressure on the user's legs.



5 BRANCHES BASE

To facilitate a movement with less effort and to

provide the chair stability and firmness, the base

should have 5 support points for the casters.



ADJUSTABLE ARMS

El apoyo de los brazos es fundamental para mantener una buena postura y no sobrecargar los brazos, además de servir para tomar asiento y levantarse del mismo.



UPHOLSTERY

The upholstery should be chosen depending on the chair location and the environmental conditions.

CONSIDERING THE ABOVE MENTIONED ADVICES, HERE ARE SOME COMMENTS ABOUT THE POSITION TO BE ADOPTED WHILE SEATING AT WORK



 The distance between the screen and the eyes should be at

least 55 centimeters. The screen should also be located in front of the used and not on one side.

2 The upper side of the screen should be located at eye level.

3 Thighs should be horizontal regarding the seat and the feet should rest firmly on the floor, having enough space below the desk.

Breaks should be done often for muscle stretching and moving, changing the position every once in a while.

Eyes should rest often, so that we do not get eyetstrain.
For
example, focusing on different places and distant objects.

Forma 5

Life Cycle Analysis



RAW MATERIALS			
Raw Material	Kg	%	
Steel	8,00	43	
Plastic	5,60	30	
Aluminium	1,76	10	
Wood	2,45	13	
Uphols./Fulling	0,64	4	

% Recycled materials= 40% % Recyclable materials= 96%

Ecodesign

Results reached during the life cycle stages



MATERIALS

Steel 15%-99% recycled material.

Aluminium 60% recycled material.

Plastic 30%-40% recycled material. **Staff material** Without HCFC and certified by Okotext.

Upholsteries Without COV emissions and certified by Okotext.

Packings 100% recyclable with inks with no solvents.



PRODUCTION

Raw materials use optimization Board, upholstery and steel tubes cut.

Renewable energies use reducing the CO2 emissions. (Photovoltaic pannels)

Energy saving measures in all production process

COV global emission reduction of the production processes by 70%.

Podwer painting ecovery of 93% of the non deposited painting

Glue removal from the upholstery The facilities

have an internal sewage for liquid waste.

Green points at the factory

100% waste recycling at production process ans dangerous waste special treatment.



Cardboard use opmitization of the packings

Cardboard and packing materials use reduction

Flat packings and small bulks to optimize the space.

Solid waste compacter which reduces transport and emissions.

Light volumes and weights

Transport fleet renewal reducing by 28% the fuel consumption.

Suppliers area reduction Local market power and less pollution at transport.



Easy maintenance and cleaning without solvents.

Forma 5 guarantee

The highest quality for materials to provide a 10 year average life of the product.

Useful life optimization of the product due to a standarized and modular design. The boards

with no E1 particle emission.



Easy unpacking for the recyclability or compound reuse.

Piece standarization for the use.

Recycled materials used for products (% recyclability):

Wood is 100% recyclable. Steel is 100% recyclable. Aluminium is 100% recycable. Plastics are from 70 to 100% recyclable. With no air or water pollution while removing waste.

Returnable, recyclable and reusable packing

Product recyclability 96%

CHAIR MAINTENANCE AND CLEANING GUIDE

LINES FOR A CORRECT CHAIR CLEANING AND MAINTENANCE, CONSIDERING THE DIFFERENT MATERIALS:

FABRICS

1 Vacuum often.

Rub the dirty spot with a wet cloth with PH neutral soap. Test first on a hidden spot.

3 Dry foam for carpets can be alternativaly used.

PLASTIC PIECES

Rub the dirty spots with a wet cloth with PH neutral soap.

Do not use abrasive products in any case.

METAL PIECES

Rub the dirty spots with a wet cloth with PH neutral soap.

Polished aluminium pieces can have their polish bak by covering and rubbing them with a dry cottom cloth.

LEGAL TERMS

CERTIFICATES

Forma 5 certificates that the Touch program has passed all tests provided by our intern Quality Department and by the Technological Research Center (CIDEMCO) with "satisfactory results:

UN E-EN 1335-1:2001: "Office furniture. Task chairs. Part 1: Dimensions. Defining the dimensions." UN E-EN 1335-2:2001: "Office furniture. Task chairs. Part 2: Security requirements". UN E-EN 1335-3:2001: "Office furniture. Task chairs. Part 3: Security tests".

Developped by JOSEP LLUSCÀ